

Saddle Up Shawty (a.k.a. Hip Hop Twist)

48 count, 4 wall, intermediate level

Choreographer: Guyton Mundy (USA) March 2008
Choreographed to: Saddle Up Shawty (Club Mix) by
Mikel Knight

Intro: None, cold start immediately after the rooster crows

- 1 KICK, STEP, KICK, HOOK, STEP, HOLD (ADD HANDS), HITCH, WALK BACK & TOUCH, LEFT HIP BUMPS TWICE**
- 1&2& Low kick right forward, step right together, low kick left forward, hook left over right knee
3&4 Step left slightly forward, shift weight back to right and hitch left up
Hands: left arm out to low left side with right fist as inside of left elbow, right arm out to low right side with left fist at inside of right elbow (&), leaving left arm across body, bend right arm up vertically over right shoulder on same count as left leg hitch (4)
5&6 Walk back left, right, touch left to side
7-8 Bump left hip up and to the left twice (12:00)
- 2 STEP TO LEFT SIDE: ¼-TURN SAILOR: ½-TURN SAILOR, RIGHT SHUFFLE FORWARD: STEP FORWARD LEFT**
- 1 Step left to side
2&3 Step right behind left, turn ¼ to left and step left forward, step right to side
4&5 Step left behind right, turn ¼ to left and step right to side, turn ¼ left and step left forward
6&7 Step right forward, step left together, step right forward
8 Step left forward (3:00)
- 3 STEP RIGHT FORWARD, ½-TURN HIP ROLL, ½-TURN SAILOR, STEP RIGHT FORWARD. ½-TURN HIP ROLL, LEFT COASTER STEP**
- 1-2 Step right forward, turn ½ left while rolling hips around to the left (weight stays on right)
3&4 Step left behind right, turn ¼ to left and step right to side, turn ¼ left and step left forward
5-6 Step right forward, turn ½ left while rolling hips around to the left (weight stays on right)
7&8 Step left back, step right together, step left forward (9:00)
- 4 FUNKY SKATES FORWARD TWICE: CROSS, BACK, ¼ TURN, ¼ TURN, ½ TURN, LEFT SHUFFLE FORWARD**
- 1-2 Big step right foot up and out to right side, big step left foot up and out to left side
3&4 Cross right over left, step left back, turn ¼ right and step right forward
5-6 Turn ¼ right and step left to side, turn ½ right and step right to side
7&8 Step left forward, step right together, step left forward (9:00)
Restart here on wall 6
- 5 RIGHT OUT, OUT, IN, IN, SCUFF, HITCH, STEP: LEFT OUT, OUT, IN, IN, SCUFF, HITCH, STEP**
- 1&2& Step right to side, step left to side, step right to center, step left together
3&4 Scuff right forward, hitch right knee, step right together
5&6& Step left to side, step right to side, step left to center, step right together
7&8 Scuff left forward, hitch left knee, step left together
- 6 STEP SIDE RIGHT, SPLIT HEELS, SMALL HIP ROLLS: CHASSE TO LEFT, ¼-TURN PADDLES TWICE**
- 1&2 Step right to side, split heels out and back to center (knees go in)
3-4 Roll hips in small circle to the left, repeat (weight stays on right)
5&6 Step left to side, step right together, step left to side
&7 Hitch right knee, turn ¼ left and touch right to side
&8 Repeat &7 (3:00)

RESTART After 32 counts of wall 6, you will be facing the original starting wall.
Restart the dance from the beginning after the left shuffle forward (count 32)
