

Bottoms up!

Choreographed by Rickard Tapper / Kenneth Nilsson (Sweden) Feb. 2012

Type: Phased 64 count 2 wall Advanced Funky Linedance

Music: 'Bottoms up' by Trey Songz Ft. Nikki Minaj from the album 'Passion Pain And Pleasure (2010)'

Intro: 32 counts

Pattern: AA BB AA BB AA BBBB AAA

A pattern:

& TOUCH, TOGETHER & TOUCH, TOGETHER WITH HEAD NOD, SAILOR SIDE WITH HEEL, DRAG

- &1 Roll right hand, Point right foot to right side bend left knee and put right hand up.
Arms: (&)start with hand at your side bend elbow strait up so palm is facing your chest. Bend wrist towards you turn hand ½ turn straiten up wrist so fingers pointing strait up hand palm facing from you.
- 2 Step right next to left arms strait down.
- &3 Roll left hand, Point left foot to left side bend right knee and put left hand up.
Arms: (&) Same as before but with other hand.
- 4 Step left next to right arms strait down nod head up and pop chest out.
- 5-6 Step right behind left, Push of with foot left to left side.
- 7-8 Step right to right side with left foot on the heel, Drag left heel towards right foot.

BEHIND ¼ TURN RIGHT, ½ TURN RIGHT, COASTER STEP, STEP, HOLD

- 1-3 Step left behind right, Make ¼ turn right step right forward, Make ½ turn right step left.
- 4-6 Step right back, Step left next to right, Step right forward.
- 7-8 Step left forward, Hold

& TOUCH, TOGETHER & TOUCH, TOGETHER, HEAD UP, SAILOR SIDE WITH HEEL, DRAG

- &1 Roll right hand, Point right foot to right side bend left knee and put right hand up.
Arms: (&) Same as in the beginning of the dance
- 2 Step right next to left arms strait down.
- &3 Roll left hand, Point left foot to left side bend right knee and put left hand up.
Arms: (&) Same as in the beginning of the dance
- 4 Step left next to right arms strait down nod head up and pop chest out.
- 5-6 Step right behind left, Step left to left side.
- 7-8 Cross right over left and put hands up, Hold

HEEL GRIND, TOUCH, HEELGRIND, TOUCH, HEELGRIND, BEHIND, ¼ TURN, HOLD

- 1-2 Grind on right heel stepping left diagonally back, Touch right next to left.
- 3-4 Grind left heel stepping right diagonally back, Touch left next to right.
- 5-6 Grind on right heel stepping left diagonally back, Step right behind left.
- 7-8 Make ¼ turn left step left forward, Hold.

B pattern:

STEP, HEEL, TOE ¼ TURN, TOE, SAILOR STEP, HOLD

- 1-4 Step right forward, Turn right heel 1/8 out, Turn right toe 1/8 in, turn left toe ¼. (facing 9 o'clock)
- 5-8 Step right behind left, Step left to left side, Step right to right side, Hold.

LEAN TO RIGHT, HOLD, ¼ TURN, STEP HOLD

- 1-2 Lean on right with knee bend bring left forearm in front of chest. Hold
- 3-4 Hold, Hold.
Arms: (3) Bring right hand up between left hand and chest go over right hand, down, (&) Underneath and up between forearm and chest, (4) Right hand palm will end up on left elbow.
(this will create a spiral motion around left forearm)
- 5-6 Turn ¼ left and transfer weight to left foot, hold
Arms: (5) As you turn slide left elbow out so right hand ends up on left hand
(6) Hold position. (elbows out to sides in front of chest)
- 7-8 Step right forward, Hold.
Arms: With hands still on top of each other bring arms strait forward (diving motion)
(8) Hold position.

OUT, HOLD, OUT, HOLD, ¼ SAILOR TURN, HOLD

1-2 Step left to left side, Hold.

Arms: (1) Bring hands towards chest (keep hands together) turn left hand so that fingers points down and right hand fingers point forward, push left hand with the right so left elbow comes to left side, (2) Hold position.

3-4 Step right to right side, Hold.

Arms: (3) Turn left hand so fingers points up right hand fingers still points forward, (keep right hand on top of left hand) pull left hand with the right hand so right elbow comes to right side, (4) hold position.

5-8 Step left foot behind right, make ¼ turn right step right forward, Step left to left, Hold

Arms: (5-6) Slide left hand along right arm as right arms turns to a vertical position

(7) left hand will end up under right elbow and right hand will end up on right cheek (thinking position)

(8) Hold, position.

¾ SLIDE TURN, HOLD, SHUFFLE ½ TURN, HOLD

1-2 Turn ¼ left slide right to right side, Turn ¼ left slide left to left side.

3-4 Turn ¼ left slide right to right side, Hold.

5-7 Turn ¼ left step left to left side, step right next to left, Turn ¼ left step left forward.

8 Hold.



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