



Approved by:

*Maggie Gallagher*

# Life Without U

## 4 WALL - 64 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 2 3 & 4 5 - 6 7 - 8	<b>Step, Pivot 1/2, Forward Shuffle, Full Turn, Forward Rock</b> Step right forward. Pivot 1/2 turn left. (6:00) Step right forward. Close left beside right. Step right forward. Make 1/2 turn right stepping left back. Make 1/2 turn right stepping right forward. Rock forward on left. Recover onto right.	Step Pivot Right Shuffle Full Turn Forward Rock	Turning left Forward Turning right On the spot
<b>Section 2</b> 1 - 2 3 - 4 5 - 6 7 8	<b>Back Strut, Back, 1/2 Turn, Walk, Hold, 3/4 Turn</b> Step back on left toe. Drop left heel taking weight. Walk back on right. Make 1/2 turn left stepping left forward. (12:00) Walk forward on right. Hold. Make 1/2 turn right stepping left back. Make 1/4 turn right stepping right to right side. (9:00)	Back Strut Back Turn Walk Hold Half Turn Quarter	Back Turning left Forward Turning right
<b>Section 3</b> 1 - 2 3 & 4 5 - 6 7 - 8	<b>Cross Rock, Chasse, Weave</b> Cross rock left over right. Recover onto right. Step left to left side. Close right beside left. Step left to left side. Cross right over left. Step left to left side. Cross right behind left. Step left to left side. (9:00)	Cross Rock Side Close Side Cross Side Behind Side	On the spot Left
<b>Section 4</b> 1 - 2 3 & 4 5 6 7 - 8	<b>Cross Rock, Chasse, 1/2 Hinge Turn x 2, 1/2 Hinge Turn With Side Rock</b> Cross rock right over left. Recover onto left. Step right to right side. Close left beside right. Step right to right side. Make 1/2 hinge turn right stepping left to left side. Make 1/2 hinge turn right stepping right to right side. Make 1/2 hinge turn right rocking out to left side. Recover onto right. (3:00)	Cross Rock Side Close Side Turn Turn Turn Rock	On the spot Right Turning right
<b>Section 5</b> 1 - 2 3 & 4 & 5 - 6 7 - 8	<b>Stomp, Hold, Heel Taps, Together, Touch, Hold, Hip Bumps</b> Stomp left beside right. Hold. Tap right heel forward. Step right beside left. Tap left heel forward. Step left beside right. Touch right beside left. Hold. Step right to right side bumping hips right. Bump hips left hitching right knee.	Stomp Hold Heel & Heel & Touch Hold Bump Bump	On the spot
<b>Section 6</b> 1 & 2 3 - 4 5 & 6 7 - 8	<b>Chasse, Back Rock, Chasse, Back Rock</b> Step right to right side. Close left beside right. Step right to right side. Rock back on left. Recover onto right. Step left to left side. Close right beside left. Step left to left side. Rock back on right. Recover onto left.	Side Close Side Back Rock Side Close Side Back Rock	Right On the spot Left On the spot
<b>Section 7</b> 1 - 2 3 - 4 5 - 6 7 - 8 <b>Option</b>	<b>1/2 Monterey Turn x 2</b> Point right to right side. Make 1/2 turn right stepping right beside left. (9:00) Point left to left side. Step left beside right. Point right to right side. Make 1/2 turn right stepping right beside left. (3:00) Point left to left side. Step left beside right. <b>Arms:</b> During chorus, raise arms when pointing leg, then lower when turning.	Point Turn Point Together Point Turn Point Together	Turning right On the spot Turning right On the spot
<b>Section 8</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Rocking Chair, Toe Strut x 2</b> Rock forward on right. Recover onto left. Rock back on right. Recover onto left. Step right toe forward. Drop right heel taking weight. Step left toe forward. Drop left heel taking weight.	Forward Rock Back Rock Toe Strut Toe Strut	On the spot Forward
<b>Tag</b> 1 - 2 3 - 4	<b>Danced once at the end of Walls 1 and 3, and danced twice at the end of Wall 5 Right Jazz Box</b> Cross right over left. Step left back. Step right to right side. Step left beside right.	Cross Back Side Together	Back Right

**Choreographed by:** Maggie Gallagher (UK) February 2009

**Choreographed to:** 'My Life Would Suck Without You' by Kelly Clarkson (147 bpm)  
 CD Single or from All I Ever Wanted Album; also available as download  
 from iTunes or amazon.co.uk (32 count intro, 13 seconds)

**Tag:** A 4-count Tag is danced once at the end of Walls 1 and 3 and danced twice at the end of Wall 5



A video clip of this dance is available at  
[www.linedancermagazine.com](http://www.linedancermagazine.com)